



PORTMAN COMMUNITY RECREATION CENTER

4601 MCCULLOCH ST, DULUTH MN 55804



March 2016

Theresa Mellinger - City of Duluth Senior Center Coord.
AEOA

(218) 390-9429
(218) 727-4321

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	28	29	1	2	3	4
		Meat Ball Dinner Fresh Fruit	Chicken Lasagna & Fruit 8:30 UCare Exercise 9:30 Men's Coffee meeting	Chili & Fruit	Ham Dinner Or ALT Chocolate Almond Cake 8:30 UCare Exercise 12:30 Bingo	
6	Cheeseburger Fresh Fruit 8:30 UCare Exercise 9:15 SPAB Mtg @ Evergreen Senior Center 12:00 Bingo & Bridge	7	8	9	10	11
		Boiled Dinner Or ALT Bread Pudding	Special of the Day 8:30 UCare Exercise 9:30 Men's Coffee meeting	Roast Pork Dinner Fruit	Champagne Chicken Fresh Fruit 8:30 Exercise 10:30 Open Rec 12:30 Bingo	12
13	Goulash Fruit 8:30 UCare Exercise 12:00 Bingo 12:00 Bridge	14	15	16	17	18
		BBQ Chicken Breast & Pound Cake	Meatloaf Dinner Fresh Fruit 8:30 Exercise 9:00 Coffee Club	Pork Chop Dinner & Fruit	SPRING PARTY 11:00 Catered Super One Lunch \$ 6.00 call 218-390-9429 to sign up. Eat at 11:30	19
20	Pork Chow Mein Fresh Fruit 8:30 UCare Exercise 12:00 Bingo 12:00 Bridge	21	22	23	24	25
		Roast Turkey Dinner Cake	Special of the Day 8:30 UCare Exercise 9:30 Men's Coffee meeting	Harvest Stew Fruit 1-5 PM AARP Refresher Class call 218-730-4319 to register	French Toast & Sausage Fruit 8:30 Exercise 10:30 Open Rec 12:30 Bingo	26
27	Swiss Steak Fresh Fruit 8:30 UCare Exercise 12:00 Bingo 12:00 Bridge	28	29	30	31	1
		Chicken Dinner Cake	Beef Stroganoff Fresh Fruit	Chicken Sandwich & Split Pea Soup Fruit		2